Letter to editor: Obituary

Professor Dr Mohammad Tariq

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Professor Dr Mohammad Tariq was great a scholar, scientist, renowned clinician and eminent neuro physician of the current era. He was born in September 1953, after his primary education at Abbottabad, he moved to Islamabad and completed his premedical education. During this time, he joined Islami Jamiat e Talba, and was appointed the first Nazim of the Islamabad chapter. During his medical education at Khybar Medical college Peshawar, he also remained the Nazim of the local chapter and member of provincial shura. He enjoyed very special relationship with Br. Matee Ur Rehman Nizami then Nazim Allah, where he used to narrate several special events spent with him and with Tasnmeem Alam Manzar. After his house job at Abbottabad, he worked as demonstrator at Ayub Medical College for sometimes prior to moving to Iran. In Iran he worked in a primary health care, during the time when revolutionary process was on its full swing and used to narrate several very interesting and lesson learning incidences and how he used to confront those. Thereafter he moved to UK where he got higher training initially in general medicine and thereafter in Neurology. He worked as consultant Neurologist prior to relocating to Islamabad where he was appointed as neurologist at Pakistan Institute of Medical Sciences (PIMS). He revolutionized the neurological services, teaching and training in Pakistan. His main interest was neuro muscular disorders and he established portable plasmapheresis in Pakistan, initially in PIMS and latter in all big cities of the country free of cost through his NGO called Myastenia.

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Welfare Organization. He was teacher of teachers and trained several neurologists of international repute who occupy prestigious positions nationally and globally. Professor Tariq discovered the rarest gene responsible for Myasthenia and largest family suffering from inherited neuromuscular disorders in collaboration with the department of Neurology at Oxford university. He was the man of integrity, extreme honesty, commitment and scholarship. I enjoyed cordial friendship with him for over thirty years. He was my mentor, friend, brother and benefactor. I travelled with him around the globe and wherever we went, it remained highly focused and beneficial for humanity in pursuance of pleasure of Almighty Allah and nothing less or more. We travelled the most difficult terrains across Europe, Asia and Africa for relief purposes, I found Brother Tariq, very sound and stress sacking person where even in difficult stints, he remained always composed and never showed wrath or anxiety. He also remained the president of Pakistan neurological society, president PIMA Islamabad. I remember how he accepted General secretory ship of PIMA center and when suddenly nominated and elected PIMA president at biennial convention held in Karachi. He was not ready to take the oath of president until he was strongly persuaded by his predecessor Prof Dr Ahmed Saeed for whom he had great regards. He took on vow to remained with him during his tenure as a general Secretary and Alkhamdullillah we managed difficult time of 2005, earth quake in Pakistan. During this period PIMA got national and international recognition. Prof Tariq remained General secretary of FIMA as well and worked hard for the expansion FIMA projects.

Professor Tariq had in depth Knowledge of Qur’an and Sunnah and used to discuss challenging ethical issues in medical practice. Dr Tariq had ahabit of doing hafiz e Qur’an all the time, never wasted his time and used to say Iqbalbahi “never opt for inferior, go ahead and take challenges with sincerity, Allah will help us. He was a very developed habit of taking every challenge with smiling face used to say, “in my life time I want to see PIMA as an actual driving force for every doctor in Pakistan.” In October 2014 he was diagnosed localized prostatic cancer, we had meeting with world renowned Urologists with vast experience in prostatic diseases and ultimately, he had radical proctectomy by my best friend and very competent Urologist Prof Saeed Akhter. He was provided all sort of treatment available in Pakistan and abroad looking at the literature and best practices, we all including tariqbahi remained hopeful, his last three months were really very critical where even he could not get up and move himself. He used to say don’t bother brothers, they will be disturbed because of my illness, why to grind all in my desolations. He never complained about the disease and for all emerging situation. I remained very close to him during his illness and was the first to know about that as well but in my thirty-year clinical experience I have never encountered such patience, serenity and pious and virtuous man in my life, who was valiant enough to live with dignity and died with dignity and the day he died prayed his maghrib but could not attain the moment to say his Ish’aon that day. May Allah raise him the Highest place in Jannah bestows patience to all his concerns. I salute Mrs. M Tariq our sister and great lady, who looked after him with exemplary passion, love and affection.